



2023 NAASA F18 League

Sailing Instructions for NAASA Race Days

Organizing Authority: NAASA

NAASA President: Chris Bulger 617-785-4963 | cbulger@bulgercapital.com
Race Committee: Cushing Andeson 627-510-1955 | cushing.anderson@gmail.com
Race Committee: Robert Hunte 401-439-4552 | rphunte@gmail.com
Sail Newport: 401-846-1983 | U.S. Coast Guard: VHF Channel 16

Our Wonderful Sponsors



1 Rules

- 1.1 The NAASA Race Days will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)* as modified herein.
- 1.2 Each competing boat shall conform to the F18 Class Rules with the exception that **the F18 Class rule regarding minimum crew weight is deleted** for this series.
- 1.3 Official documents, including sailing instructions and course descriptions, will be available online only (at yachtscoring.com). Paper copies will not be provided.
- 1.4 F18 Class rules restricting the use of radios shall not be grounds for protests during this series. This changes RRS 60.1(a).
- 1.5 Possession and/or consumption of alcohol is not permitted at Fort Adams.
- 1.6 For those events included in F18 League not run by NAASA – Event specific rules apply.

2 Penalties - RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

3 Schedule & Notices to Competitors

- 3.1 Targeted 1st Warning Signal will be at 12:00
- 3.2 **RC will use What'sApp** for notification on race days.
- 3.3 First Notice: Race days begin at 10:00 with What'sApp notification from the PRO to competitors with either:
 - 3.3.1 Confirmation of the targeted 12:00 First Warning and Start location, or;
 - 3.3.2 Any revised plan based on expected conditions.
- 3.4 On water communications including Race Course **will use Channel 77 or 72 based on local activity**

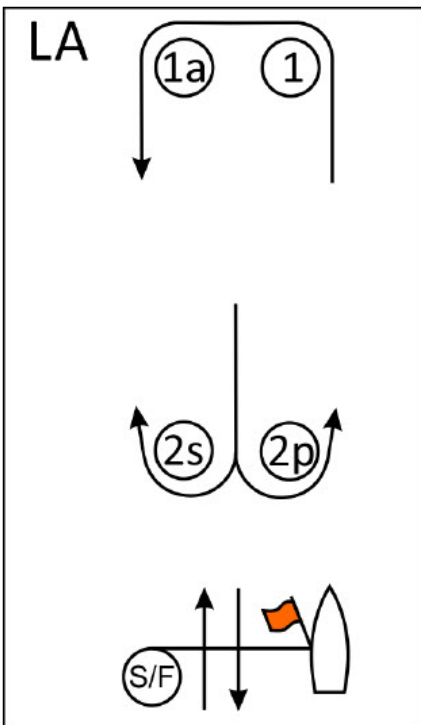


4 **Sailing Instructions – Provided via email after notifying Chris Bulger cbulger@bulgercapital.com of intent to sail with team members names and cell phone numbers.**

5 **Courses**

5.1.2 Types of courses may used, Windward/Leward or Distance as described below.

5.2 Windward/Leward courses will typically be LA2 - 2 laps, with a single start/finish line, a standoff bouy after the windward mark and gate at the end of the 2nd leg that can be ignored on the final leg to the finish line.



Course LA – Windward/Leeward with Offset Mark, Leeward Finish	
Signal	Mark Rounding Order
LA2	Start – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA4	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish

5.3 **Distance courses** will consist of rounding various islands and government or Race Committee (RC) marks. These courses will be sailed in the southern Bay. More detail to follow in subsequent versions.

5.3.1 **RTI Courses** Starting from North to South from the Starting Line to FL G 2.5, Bell”11,” the Dumplings, leave to Starboard; then to GR Bell, SW of Beavertail Point, leave to Starboard; then to Can “5,” NW of Conanicut Point, leave to Starboard; then to Can “3,” NNE of Conanicut Point, leave to Starboard and then to Finish Line.

Distance 18.1 miles. The Newport to Jamestown Bridge shall be passed under any of the center three spans of the suspension section of the bridge. The Jamestown to North Kingstown Bridge shall be passed through the center span only.



6 Start

6.1 Races will be started by using RRS 26 with the exception that the NAASA f18 Flag will be used for the Warning signal.



6.2 The starting line will be between a staff displaying orange flag on the signal boat and a 4' Yellow buoy on the port end of the starting line.

6.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start.

6.4 The Race Committee will raise X flag and attempt to notify, but will not be obliged to make VHF transmissions for Individual Recalls.

7 Race Areas – Race areas can be adjusted by the RC based on conditions, traffic and other events. Race area notice sent by WhatsApp by 10:30 on race days.

7.1 Target Area 1 is between Gould Island and the Newport Bridge

7.2 Target Area 2 is between Halfway Rock and Gould Island

8 Safety and Safety Equipment - All competitors will be required to wear a PFD and a high-vis color rash guards while racing.

9 **Disclaimer of Liability** - By participating in this series and any related activity sponsored or undertaken by NAASA at Sail Newport, the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk (see RRS 3 – “Decision to Race”); that NAASA or Sail Newport, and its volunteers, officers, trustees, members, committees, employees, sponsors or agents will not be responsible for damage to any boat or other property or to any participant, including injury or death; and that each of them releases and waives all claims which he or she or any heir, representative, successor or assignee may have against NAASA, Sail Newport and its volunteers, officers, trustees, members, committees, employees, sponsors or agents arising out of or in any way connected with participation in such race or activity.